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From The Source - Thailand: Thailand's Most Authentic Recipes From The People That Know Them Best (Lonely Planet)



Synopsis

From Lonely Planet, the world's leading travel guide publisher, From the Source is a groundbreaking cookbook series that introduces food lovers and travel enthusiasts to the world's most authentic local dishes by transporting them into the kitchens where they were perfected. Each country-specific edition features sumptuous original photography, up to 70 classic recipes, and inside stories and tips from the world's best local cooks, from street-food vendors to Michelin-starred chef patrons. With From the Source Thailand, you'll tour through Central Thailand's sophisticated, cosmopolitan cuisine layered with Chinese and Muslim influences, Northern Thailand's mild, seasonal dishes with ancient roots, Northeastern Thailand's full-flavoured, rustic cooking that doesn't skimp on spice, and Southern Thailand's spicy offerings, with an emphasis on seafood, chillies and salt. Authors: Lonely Planet, Austin Bush and Mark Wiens. About Lonely Planet: Since 1973, Lonely Planet has become the world's leading travel media company with guidebooks to every destination, an award-winning website, mobile and digital travel products, and a dedicated traveller community. Lonely Planet covers must-see spots but also enables curious travellers to get off beaten paths to understand more of the culture of the places in which they find themselves. 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' -- Fairfax Media 'Lonely Planet guides are, quite simply, like no other.' - New York Times Lonely Planet guides have won the TripAdvisor Traveler's Choice Award in 2012, 2013, 2014, and 2015.

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Customer Reviews

Lots of pictures. Not as many recipes as I had hoped.

The "From the Source" series of cookbooks are nothing short of phenomenal. Each book in the series features many wonderful recipes prepared by star chefs from the featured native country, and includes information about the restaurant each chef works at and the specific dish itself. There are many wonderful color photographs for every dish. What's really wonderful is that you're getting a country's cuisine from actual chefs from that country, and not, as is so often the case, a "watered-down" or "Americanized" version of the dish by a second or third or fourth-generation whatever who often really doesn't have an accurate pulse on the authentic cuisine of his or her parents' home country. That is not to disparage wonderful chefs whose parents are from a foreign country but they were born in America and hence are American, despite their genotype and phenotype. Many of these chefs can cook the real stuff also. And then there are wonderful chefs like David Thompson and Andy Ricker, who specialize in Thai cuisine and can cook the cuisine as well as natives despite not being ethnically from the country. But what's so great about the From the Source series is that the reader never has to doubt the authenticity of the dishes, since these chefs live, breathe, and cook, in the country whose cuisine is featured. It's really great to see dishes that are very yummy to eat, and very straight-forward to cook. However, they are not diluted recipes (e.g. four or five ingredients, including sugar, salt...etc.). These are real recipes to simply, but expertly, cook authentic national food. I bought the Thailand book first because Thai is one of my favorite Asian cuisines, if not my favorite. I hope the From the Source series continues to grow, since unlike other global cookbook series, the From the Source books really focus on the cuisine, instead of giving you hundreds of photos of the countryside that take up more space than photos of the cuisine itself. Not here. Though there are many beautiful color photos throughout each book, the focus in this volume, as in the entire series, is solely on teaching you the cuisine. Enjoy these wonderful Thai dishes. They're the real thing! They are so diverse and so expertly taught, that I really can't pick any favorites. Prepare and eat them all! I certainly will....

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